MISSOURI BUILDING BLOCK
PICTURE BOOK AWARD

Lou
By Breanna Carzoo

Related Books:
Firefighters to the Rescue by Kersten Hamilton, Illustrated by Rich Davis
Hamsters DON’T Fight Fires! by Andrew Root, Illustrated by Jessica Olien
Supertruck by Stephen Savage
He Saves the Day by Marsha Hayles, Illustrated by Lynne Cravath
Dot the Fire Dog by Lisa Desimini
Fly Guy Presents: Firefighters by Tedd Arnold
Otis and the Kittens by Loren Long

Rhymes:
“When I’m Feeling”
When I’m feeling happy,
Zappy, tappy, clappy,
I stretch my arms and I say, “Wow!”
I feel happy now.

When I’m feeling sad,
So very, very, bad.
I say, “Hey, it’s okay!
If I cry today.”

When I have a worry,
I feel it in my tummy.
I close my eyes
And visualize
My favorite place to be.

When I’m feeling angry,
Zangry, tangry, bangry.

The Missouri Building Block Picture Book Award is sponsored by the Missouri Library Association and administered by the Youth Services Community of Interest. To learn more about MLA or to download more activity sheets, please visit http://molib.org.
I don’t hit, and I don’t shout,
Instead I breathe it out.
[Take a deep breath, blow it out slowly with open hands.]

Source: Sing, Rhyme, and Play with Ms. Christina
(https://www.youtube.com/watch?v=NShEz8YYEew)

**Songs:**
“My Dog Rags”
I have a dog.
His name is Rags.
He eats so much that his tummy sags,
His ears flip flop
and his tail wig wags.
And when he walks, he goes zig zag.

He goes flip flop, wig wag, zig zag.
He goes flip flop, wig wag, zig zag.
He goes flip flop, wig wag, zig zag.
I love Rags and he loves me.

Source: Jbrary (https://www.youtube.com/watch?v=pjiH_pj1_Lw)

**Activities:**
Learn how Breanna Carzoo created Lou: https://www.youtube.com/watch?v=mPU8R5PR5tI
Print copies of “Lou” activity pages to color: https://www.breannacarzoo.com/activities
Color, cut, and assemble Lou on activity page 1: http://bitly.ws/BGUW