



MISSOURI BUILDING BLOCK PICTURE BOOK AWARD

The Best Bad Day Ever
By Marianna Coppo

Related Books:

Crankenstein by Samantha Berger, illustrated by Dan Santat

Cranky Right Now by Julie Berry, illustrated by Holly Hatam

Don't Hug Doug: (He Doesn't Like It) by Carrie Finison, illustrated by Daniel Wiseman

The Feelings Book by Todd Parr

Big Feelings by Alexandra Penfold, illustrated by Suzanne Kaufman

Grumpy Cat by Britta Teckentrup

My Friends Make Me Happy! by Jan Thomas

Alexander and the Terrible Horrible No Good Very Bad Day by Judith Viorst, illustrated by Ray Cruz

Rhymes:

"Feelings"

Sometimes on my face you'll see (point to face)

How I feel inside of me (point to chest)

A smile means happy (smile)

A frown means sad (frown)

And gritting teeth means I'm mad (grit teeth)

When I am proud, I beam and glow (puff up chest and smile)

But when I am shy, my head hangs low (bow head).

Source: Karen Folk via Preschool Express - <http://www.preschoolexpress.com/music-station09/feelings-songs-april.shtml>

Songs:

"If You're Grumpy and You Know It"

Sung to "If You're Happy and You Know It"

If you're grumpy and you know it, make a frown.



The Missouri Building Block Picture Book Award is sponsored by the Missouri Library Association and administered by the Youth Services Community of Interest. To learn more about MLA or to download more activity sheets, please visit <http://molib.org>.

If you're grumpy and you know it, make a frown.
If you're grumpy and you know it and you really want to show it,
If you're grumpy and you know it, make a frown.

Continue with:
Fold your arms
Look away
Stomp your feet
Say "No Way"

Source: Library Villages - <https://libraryvillage.blogspot.com/2014/01/preschool-story-time-grumpy.html>

Activities:

Emotion Wheel – Using copy paper, metal brads and a free template from The Loudest Librarian, participants can complete the faces of different emotions.

Source: <https://loudestlibrarian.com/tag/emotion-wheel/>

TeachingBooks video book reading of *Alexander and the Terrible, Horrible, No Good, Very Bad Day* by Judith Viorst.

Source: <https://share.teachingbooks.net/QL8P8VX>

Coffee Filter Umbrella Craft – create your own design or follow the directions linked below.

Source: Glued to My Crafts - <https://www.gluedtomycraftsblog.com/2013/04/coffee-filter-umbrellas-kid-craft.html>