From Check-out to Check-up

Health Information at the Library
This Presentation will cover:

- Understanding your community
- Example programs and resources
- Funding Sources
- Resources & Tools
Why Health Information Programming?

- Media & general interest in health related information
- Rising healthcare costs
- Rising substance abuse usage
- Consumers want to know more
- Lack of health information literacy
Health Information and Libraries

4 VERY OLD QUESTIONS

- Worcester (MA) Public Library, 1893 (see Smith, 2015)
- “A very lively interest…” (Farlow, 1921)
- “Inundated by the recent flood…” (Stein & Lucioli, 1958)
- “Libraries...are now being asked to add to their collections materials that they do not know how to evaluate” (Gartenfeld, 1978)
Understanding Your Community
Assessing Community Needs

American Community Survey (ACS) United States Census Bureau:
https://www.census.gov/programs-surveys/acs/data.html

Community Health Needs Assessment:
https://www.communitycommons.org/chna/
Community Health Needs Assessment
Trauma-Informed Approach

Realizes the prevalence of trauma

Recognizes how trauma affects people

Responds by infusing knowledge about trauma and recovery into policies, procedures, and practices

Resists re-traumatization
Assessing Trauma and Resilience

Adverse Childhood Experience (ACE) Questionnaire
https://acestoohigh.com/got-your-ace-score/

Resilience Questionnaire

Missouri Model: Developmental Continuum
https://dese.mo.gov/traumainformed
Programs

TAKE CHARGE OF YOUR OWN HEALTH CARE
Resilience Film Screening at MCPL

Presented by Tri-County Mental Health or branch staff

60-minute film screening followed by 30 minutes of discussion

Provide attendees with takeaway materials

Resilience: The Biology of Stress & the Science of Hope

https://kpjrfilms.co/resilience/
Other MCPL Programs

Youth Suicide Prevention

- Identifying risk factors for suicide
- Developing resilience in children and teens
- Resources for continued wellness

How to Help Children and Teens Turn Stress into Success

- Methods for coping with change
- Resources for caregivers, parents, and teachers
Program at the Ray County Library

EVENTS and Programs
Wanting to host a program?
Education

https://afsp.org/take-action/get-training/
AFSP - American Foundation for Suicide Prevention
How do I know what chapter I belong to?
How do I know who to contact through AFSP?
MedlinePlus

- Trusted Health Information for You
Research

Why research?

Why let people know?
The **All of Us Research Program**

The future of health begins with you

The *All of Us* Research Program is a historic effort to gather data from one million or more people living in the United States to accelerate research and improve health. By taking into account individual differences in lifestyle, environment, and biology, researchers will uncover paths toward delivering precision medicine.

JOIN NOW
Support

What kind of support do you need?

Because they are not all the same!
Nationwide Support

- Phone numbers

- Support Groups
  - Personal struggle
  - Loss survivors

- Events
Local Support

- Health department
- Mental health facilities
- County collations: [https://actmissouri.org/prevention-resource-centers/community-coalitions/](https://actmissouri.org/prevention-resource-centers/community-coalitions/)
Needing support on suicide?
Information

Where should you get info?

How should you get info?
In person information
Displays at the Ray County Library
Funding Opportunities

Federal and State Level Funding Sources

- Missouri State Library: [https://www.sos.mo.gov/library/development/grants](https://www.sos.mo.gov/library/development/grants)
  - Sign-up for Show-Me Express Newsletter

- NNLM MidContinental Region: [https://nnlm.gov/mcr](https://nnlm.gov/mcr)
  - Will need to become a member library to be eligible (free)
Resources for Professional Development

NNLM Training Resources:  https://nnlm.gov/training

NNLM Consumer Health Information Specialization (CHIS) Program:  https://www.mlanet.org/page/chis
Resources for Professional Development Continued

PLA Libraries Transform Health Literacy Toolkit:
http://www.ilovelibraries.org/librariestransform/health-literacy-toolkit-intro

PLA Health Initiative Promoting Health Communities:
https://publiclibrary.health/
Resources for Professional Development

Continued

Medical Library Association (MLA): [https://www.mlanet.org/](https://www.mlanet.org/)

NNLM Contacts

**Chris Pryor, MLIS**
Library Engagement & Missouri Coordinator  
National Network of Libraries of Medicine  
MidContinental Region  
University of Missouri  
J. Otto Lottes Health Sciences Library  
573-884-5042  
pryorc@missouri.edu

**George G. Strawley**
Community Engagement Coordinator  
NNLM All of Us Community Engagement Network  
National Network of Libraries of Medicine  
Spencer S. Eccles Health Sciences Library  
University of Utah  
801-581-5242  
george.strawley@utah.edu
Presenter Information

Samara Gant
Ray County Library
Technical Services Librarian
rcl.technical.services@gmail.com

Mackenzie Ahlberg Elliot
Mid-Continent Public Library
Teen Community Programming Specialist
mahlbergelliot@mymcpl.org

Stacy Hisle-Chaudri, MLIS, MA, CHIS I
Ray County Library
Library Director
library.director.rcl@gmail.com


