A Perfect Day
By Lane Smith

Related Books:
Bear and Hare: Where's Bear? by Emily Gravett
Welcome Home, Bear by II Sung Na
Go to sleep, little farm by Mary Lyn Ray, illustrated by Christopher Silas Neal
Going on a Bear Hunt by Michael Rosen, illustrated by Michael Rosen
The Bear Ate Your Sandwich by Julia Sarcone-Roach,
Honey by David Ezra Stein
Oops Pounce Quick Run!: An Alphabet Caper by Mike Twohy
The Bear in My Bed by Joyce Wan
The Bear Snores On by Karma Wilson, illustrated by Jane Chapman

Rhymes:
Two Little Blackbirds
Two little blackbirds sitting on a wall
(Put 2 forefingers and thumb on each shoulder to represent birds)
One named Peter (Hold out one set of fingers)
One named Paul (Hold out the other set of fingers)
Fly away, Peter (Place one hand behind back)
Fly away, Paul. (Place other hand behind back)
Come back, Peter (bring one hand to shoulder)
Come back, Paul (Return other hand to shoulder)

Five Little Flowers
Five little flowers standing in the sun (hold up 5 fingers)
See their heads nodding, one by one (make fingers nod and bow)
Down down down, falls the gentle rain (flutter fingers downward)
And the five little flowers lift up their heads again (hold up five fingers)

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Songs:
“Bear is Sleeping”
*Sung to “Frere Jacques”*
Bear is sleeping, bear is sleeping  (lay head on hands)
wake him up, wake him up  (make peek-a-boo motion with hands)
Come and say hello bear, come and say hello bear  (wave hello)
Time to eat, time to eat  (grab food and put in mouth)
(options: time to play, dance, shake, read, etc.)

“Grrr Grrr Went the Big Brown Bear”
*Sung to “Mmm Ahh Went the Little Green Frog”*
Grrr, grrr went the big brown bear one day.
Grrr, grrr went the big brown bear.
Grrr, grrr went the big brown bear one day.
And they all went grrr, grrr, grrr.
But...
We know bears go huggy, huggy, hug
huggy, huggy, hug, huggy, huggy, hug
We know bears go huggy, huggy, hug
They don't go grrr, grrr, grrr.

Source: [https://www.youtube.com/watch?v=CM7purfhk3s](https://www.youtube.com/watch?v=CM7purfhk3s)

“The Bear Went Over the Mountain”
The bear went over the mountain
The bear went over the mountain
The bear went over the mountain
And all that he could see
And all that he could see
Was the other side of the mountain
The other side of the mountain
The other side of the mountain
Was all that he could see

(options: river, meadow)

“Parts of a Cat”
*Sung to “The Wheels on the Bus”*
The tail on the cat goes swish, swish, swish  (palms together and move wrists left to right)
The tail on the cat goes swish, swish, swish
All day long.

The whiskers on the cat go twitch, twitch, twitch...  (wiggle fingers on either side of nose)
The paws on the cat go knead, knead, knead...  (make gripping motions with hands in front)
MISSOURI BUILDING BLOCK
PICTURE BOOK AWARD

Activities:
Birdseed Sensory Bin –
- Filler: birdseed, pinecones, twigs, acorns and other natural materials
- Tools: scoops, tubes, funnels, measuring cups, bowls, containers

Natural Bird Feeder –
- Materials: pinecones, string, shortening (Crisco), cornmeal, birdseed, 2 containers
- Steps:
  1. In one container mix 1 part shortening with 2-3 parts cornmeal
  2. Pour birdseed in the second container
  3. Tie a length of string around one end of pine cone so that you can hang the pinecone
  4. Drag the pinecone through the cornmeal mixture, rotating as you go so that all sides are covered
  5. Press the pinecone into the birdseed, roll it around, making sure all of the cornmeal mixture is covered with birdseed
  6. Shake off excess birdseed and hang the pinecone on a branch for birds to enjoy

Process Art – Inspired by Lane Smith’s textural illustration style in A Perfect Day
- Materials: tempera paint in several colors, heavy construction paper, combs, bubble wrap cut into small sections, squeegees, sponges, crumpled aluminum foil, and any other utensils or tools that can be used to make marks in paint
- Steps:
  1. Set out paper, paint and the utensils/tools
  2. Paint the paper
  3. While the paint is still wet use the tools to make marks, lines, squiggles, etc. in the paint. Gently press bubble wrap pieces over areas of paint and remove to make impressions in the paint.
  4. Let dry

Life-Sized Spirograph – Open-ended group art
- Materials: butcher paper or bulletin board paper, crayons

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Steps:

1. Cut a 4’ long section of paper, if necessary tape two sections together. You want paper to be wide enough for a child to lie in the center of it with arms outstretched without touching the edges.

2. Set out crayons

3. Lie down on the paper – face up or face down – with one or more crayons in each hand. Keeping arms straight, move hands across the paper creating big arcs or circles of each color. Repeat until giant circles and arcs cover most of the paper.

Flower STEM Play –

Materials: Die-cut flowers, pom poms, 3 containers, real or silk flowers

- Flower Color Sorting: set out various colors of die-cut flower shapes and pom poms. Match pom poms to same color flower.
- Flower Patterns: set out die-cut flowers. Make examples of different pattern types (ABA, AABB, etc.) and have children finish it. Have them create new patterns.
- Identifying Parts of a Flower: using real or silk flowers, separate flowers into stems, leaves and petals. Label three containers for flower parts. Have children identify parts and sort them into the correct containers. Include magnifying glasses for close inspection if using real flowers.